# Relationship Therapy

**2.0** 

Sermon Series



### "Marriage – It's All About You!"

**Scripture Text: Varied** 





## 1. Unpack Your Life!



#### **Colossians 3:8-10Living Bible (TLB)**

- <sup>8</sup> but now is the time to cast off and throw away all these rotten garments of anger, hatred, cursing, and dirty language.
- <sup>9</sup> Don't tell lies to each other; it was your old life with all its wickedness that did that sort of thing; now it is dead and gone. <sup>10</sup> You are living a brand new kind of life that is continually learning more and more of what is right, and trying constantly to be more and more like Christ who created this new life within you.



# 2. Change Your Mind!



#### Romans 12:1-2The Message (MSG)

So here's what I want you to do, God helping you: Take your everyday, ordinary life—your sleeping, eating, going-to-work, and walking-around life—and place it before God as an offering. Embracing what God does for you is the best thing you can do for him. Don't become so well-adjusted to your culture that you fit into it without even thinking. Instead, fix your attention on God. You'll be changed from the inside out. Readily recognize what he wants from you, and quickly respond to it. Unlike the culture around you, always dragging you down to its level of immaturity, God brings the best out of you, develops well-formed maturity in you.

# 3. Have An Attitude of Gratitude!



# 4. Water Your Own Grass!



## 5. Let It Go!



#### Romans 12:19-21Living Bible (TLB)

19 Dear friends, never avenge yourselves. Leave that to God, for he has said that he will repay those who deserve it. Don't take the law into your own hands.<sup>20</sup> Instead, feed your enemy if he is hungry. If he is thirsty give him something to drink and you will be "heaping coals of fire on his head." In other words, he will feel ashamed of himself for what he has done to you. <sup>21</sup> Don't let evil get the upper hand, but conquer evil by doing good.

# 6. Laugh Often!



## 7. Love Even More!

